

Turn it upside **umop**!

Work by Young Carers from Kingston Carers during confinement

'A project by Create artist, Alejandra Carles-Tolra for **Create Live!'**

“All profound distraction opens certain doors.
You have to allow yourself to be distracted
when you are unable to concentrate.”

—Julio Cortázar—

DAY 1

MAKING THE ORDINARY,
EXTRAORDINARY!



HOME SCULPTURES

Playing with balance using everyday objects

Together with your group, select a series of objects from every participant's home based on a common theme. Show the objects to each other via zoom.

Now each participant has to create their own sculpture using their selected objects and photograph it. Make sure you place the sculpture near a nice light source (window, lamp, etc.) to get a better photograph (with enough light and shadows).

Share the pictures with your group and choose the best (1 image per group member).









STILL LIFE

Creating Domestic Still Lives

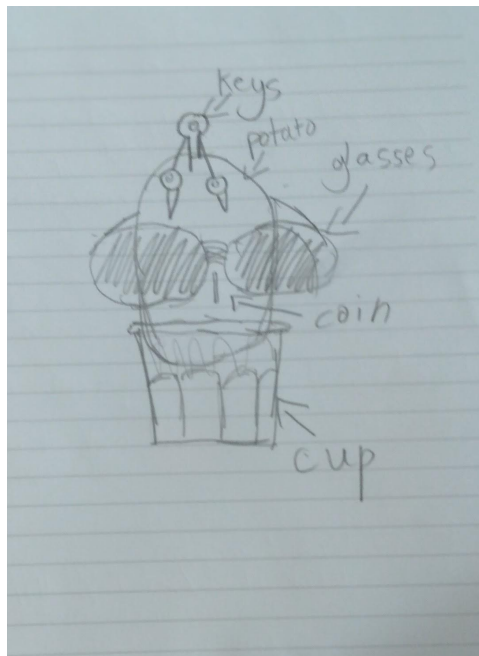
Together with your group, find 5 objects you all have in your homes. Find them and bring them back to the group. You are going to create a drawing and photographic series of still lifes using these objects.

Now each group member has to make a drawing of how they would arrange these objects. After you're done show it to another group member and they will have to arrange their objects following the composition in your drawing!

Once you have arranged your object take a photograph of your still life. Pay attention to light and background (make sure the photograph is as good as the still life!)







DAY 2

LANDSCAPES FROM OUR
HOMES

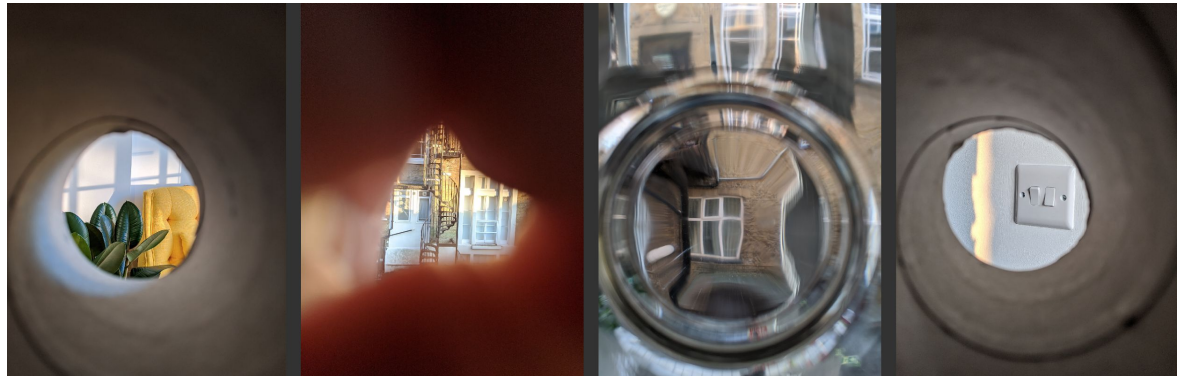


FRAMING OUR HOMES

Seeing our surroundings through a different frame

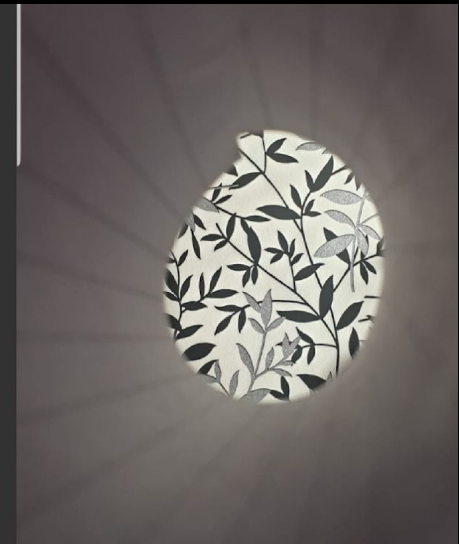
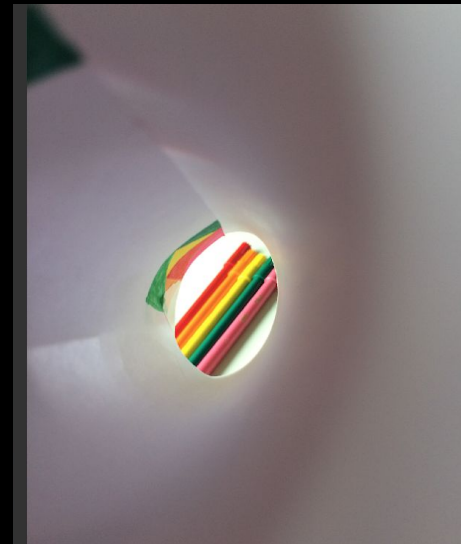
With your group, choose a series of objects you could use to frame something (toilet paper, cup, your own hand...).

Photograph through them as if you were peeking through a window!









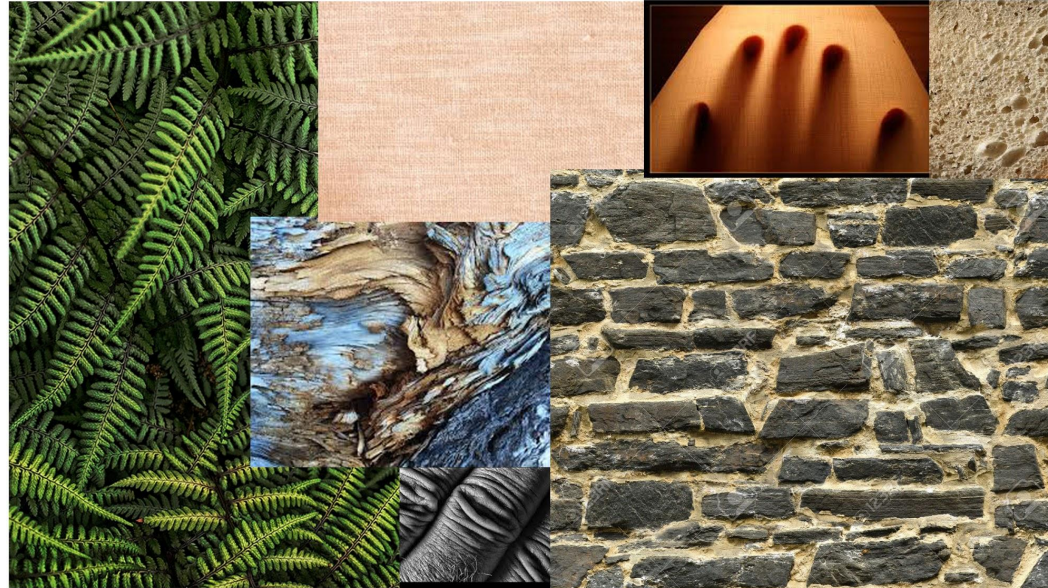


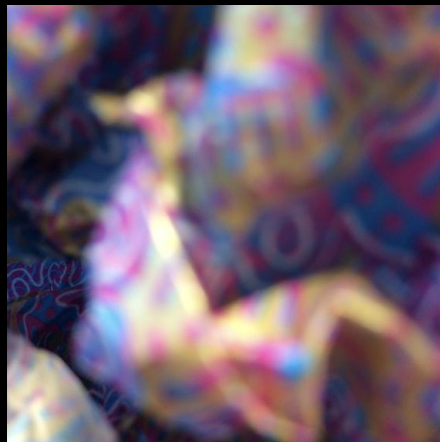
LANDSCAPES FROM TEXTURES

Getting really close

Where do you find the most interesting textiles and patterns around your home? Choose a common theme (paper, walls, fabric, fruit...) and go take close up pictures of the texture.

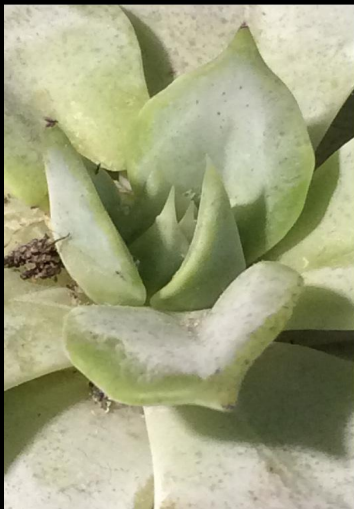
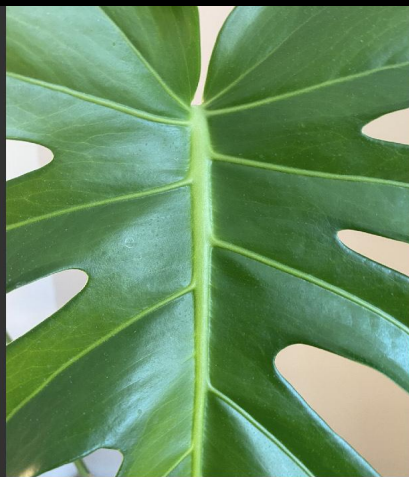
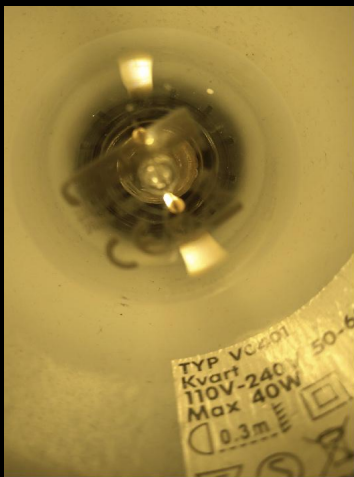
Make sure you have good lighting, that you get really close to the object and that the picture is in focus. Choose your favourite ones and send them to me. Each group has to choose 3 themes and make work for those themes.

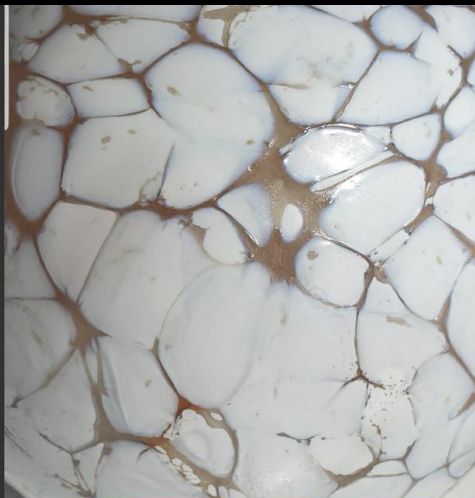
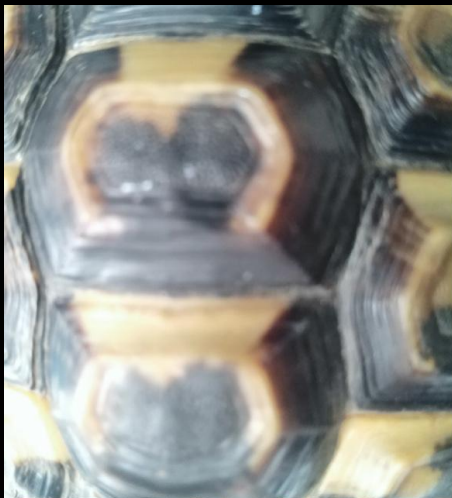




...feels good
...re we are," I
...d it. Money, I
...hat any of yo
...would hate t
...wn in flame
...er. Yo







我国绘画史上杰出的画家，
花庵主等。晚年信佛，有
王维皆知，二唐伯虎点秋
晓，他的诗、书、画被称
为“三绝”，既工整秀丽，又
清逸秀挺，颇见功夫。
唐寅，为二吴门
四家之一。又与沈周、文徵明、
唐寅合称“明四家”。



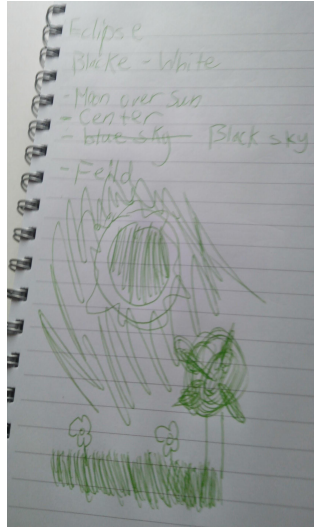
OUR IDEAL LANDSCAPES

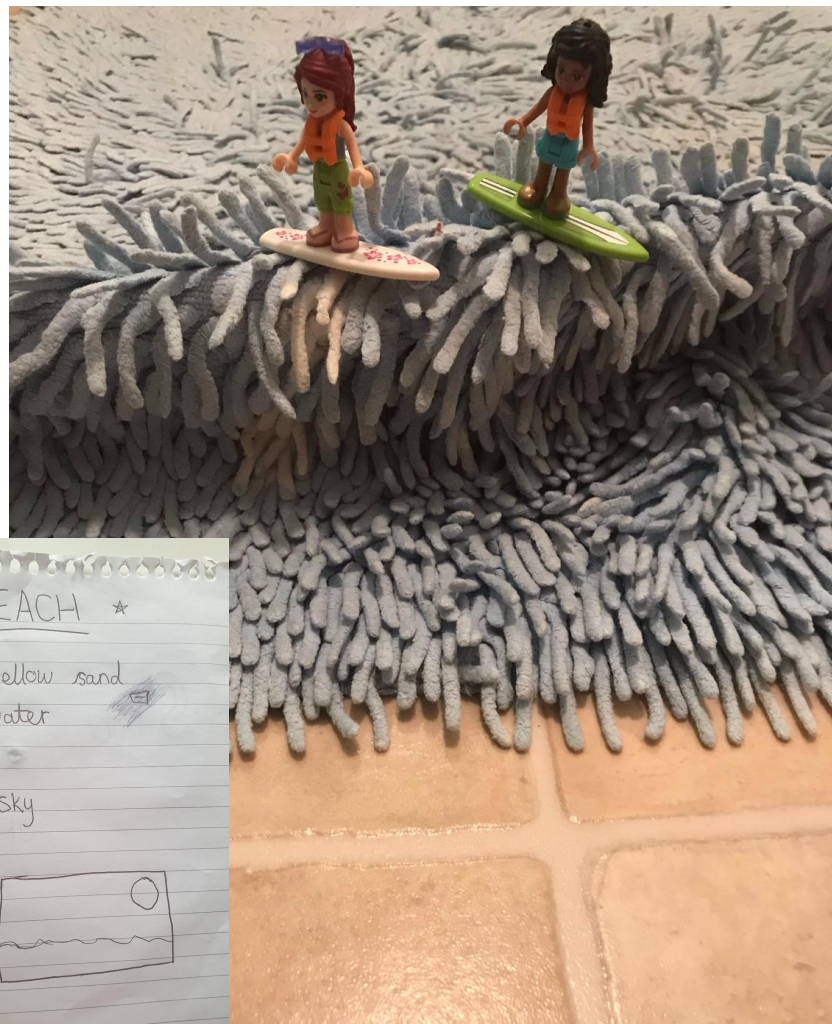
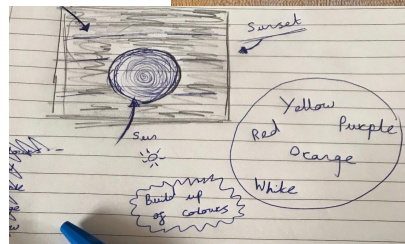
Creating landscapes for each other

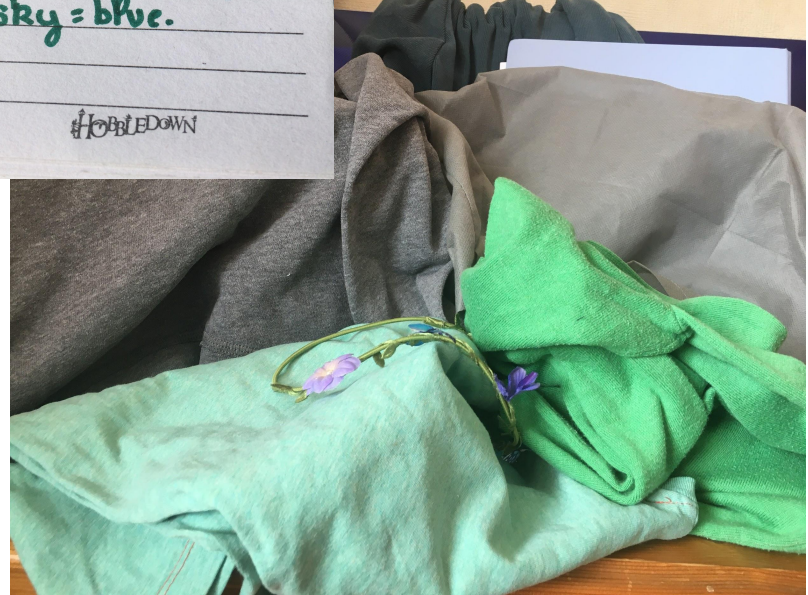
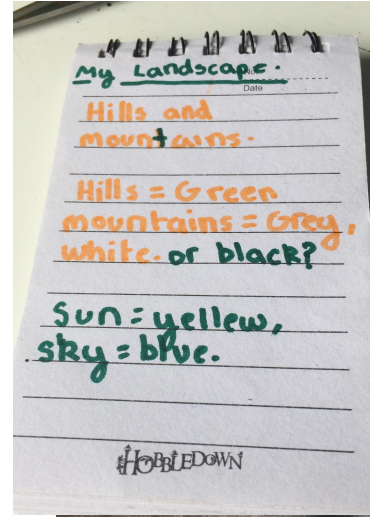
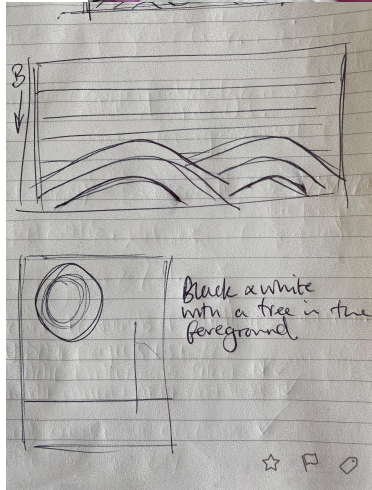
Think of a landscape that makes you happy. What would that landscape be? Write down a brief description of that landscape, where it is and most importantly, what are the main elements and colours in your landscape (describe 3-4 elements. I.e. clouds, water, grass...).

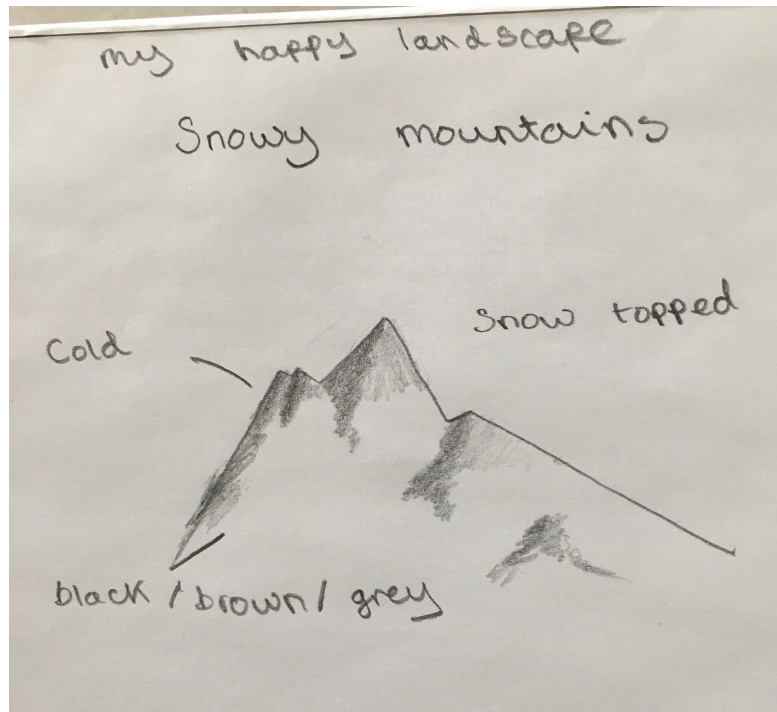
Then share your writing with your group. One of your teammates will now go find fabric and/or objects that appear in your landscape and create an image for you.

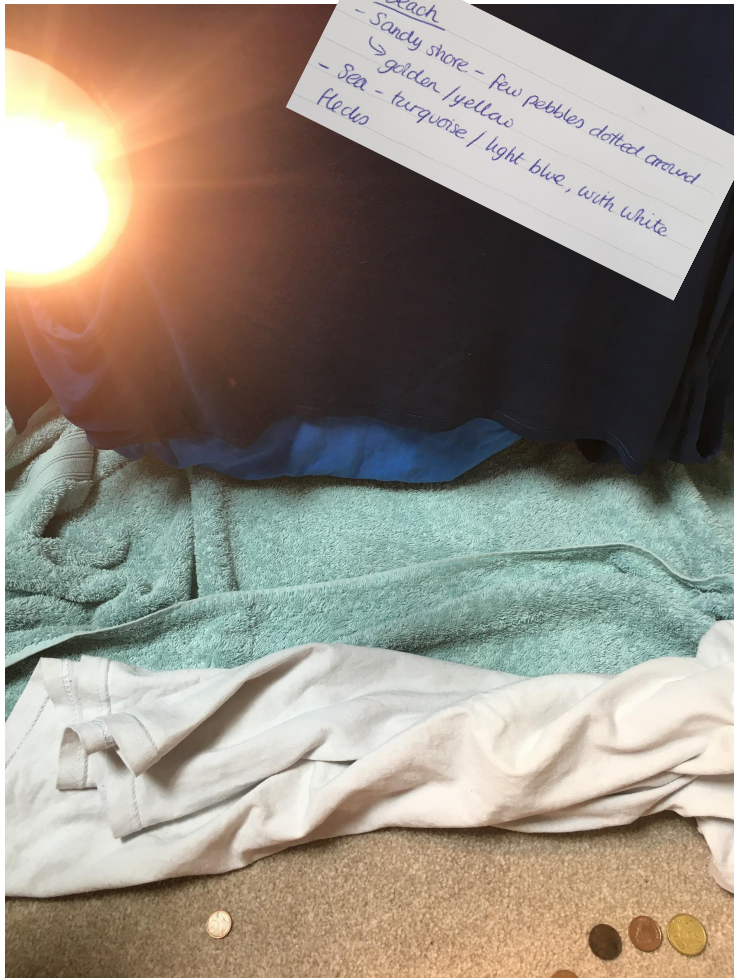




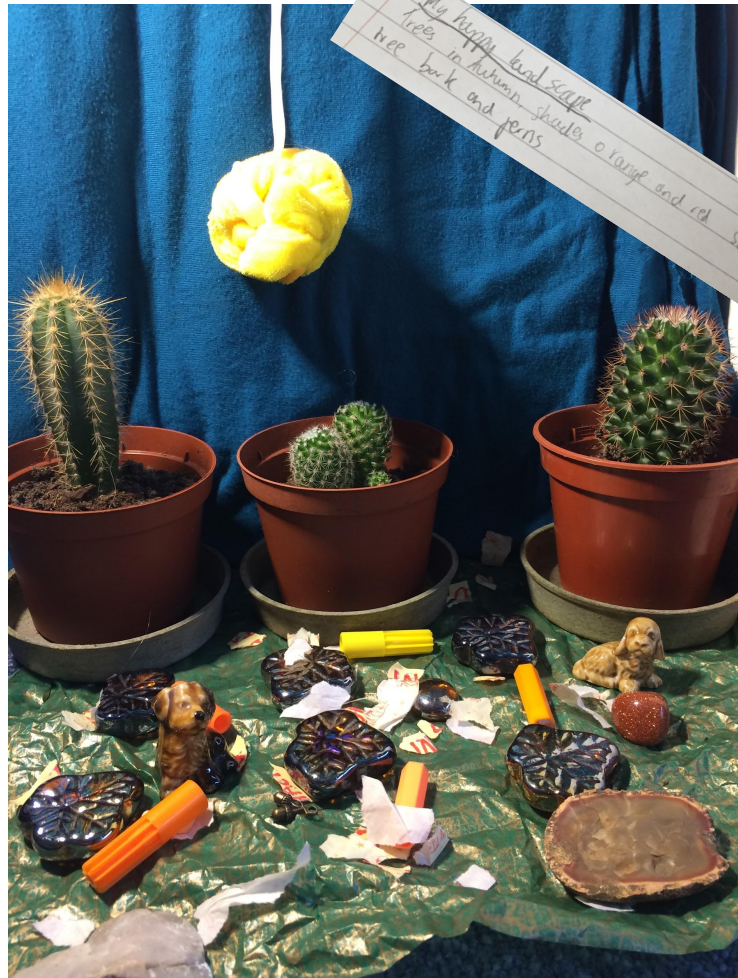








Beach
- Sandy shore - few pebbles dotted around
→ golden / yellow
- Sea - turquoise / light blue, with white
flecks



My happy land scape
trees in autumn shades of orange and red
tree bark and ferns
Some green left brown

DAY 3

ABSTRACT PHOTOGRAPHY &
CREATING HIDDEN
MESSAGES

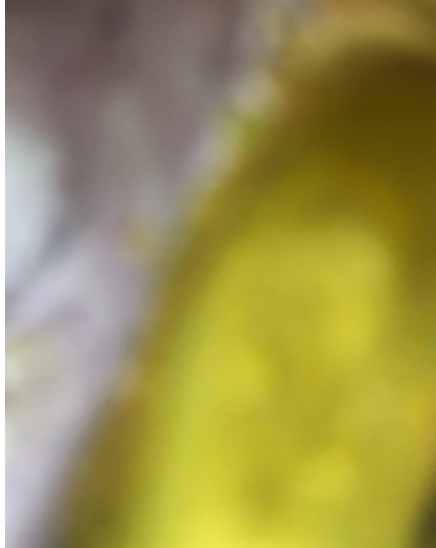
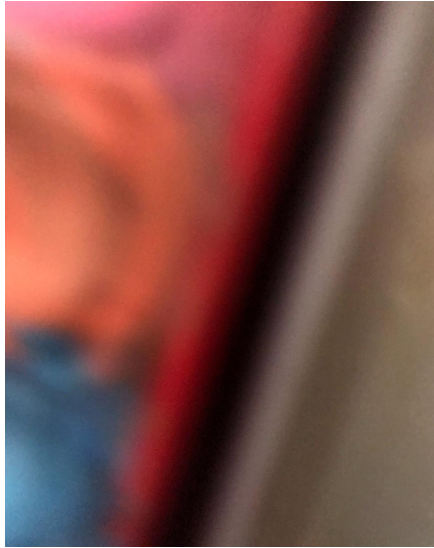
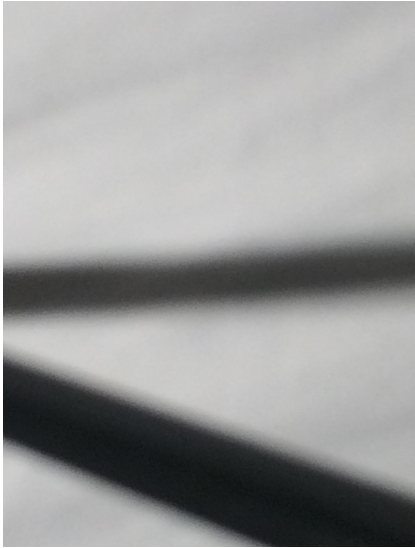
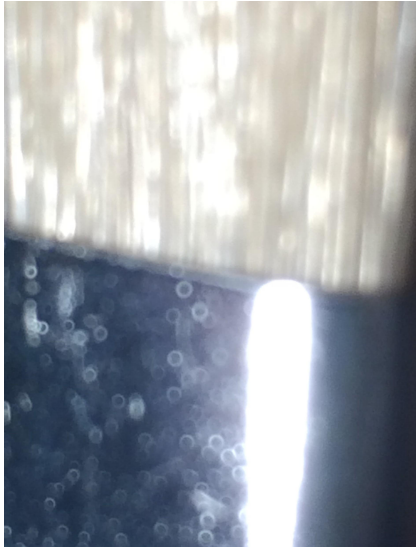


ABSTRACT PHOTOGRAPHY

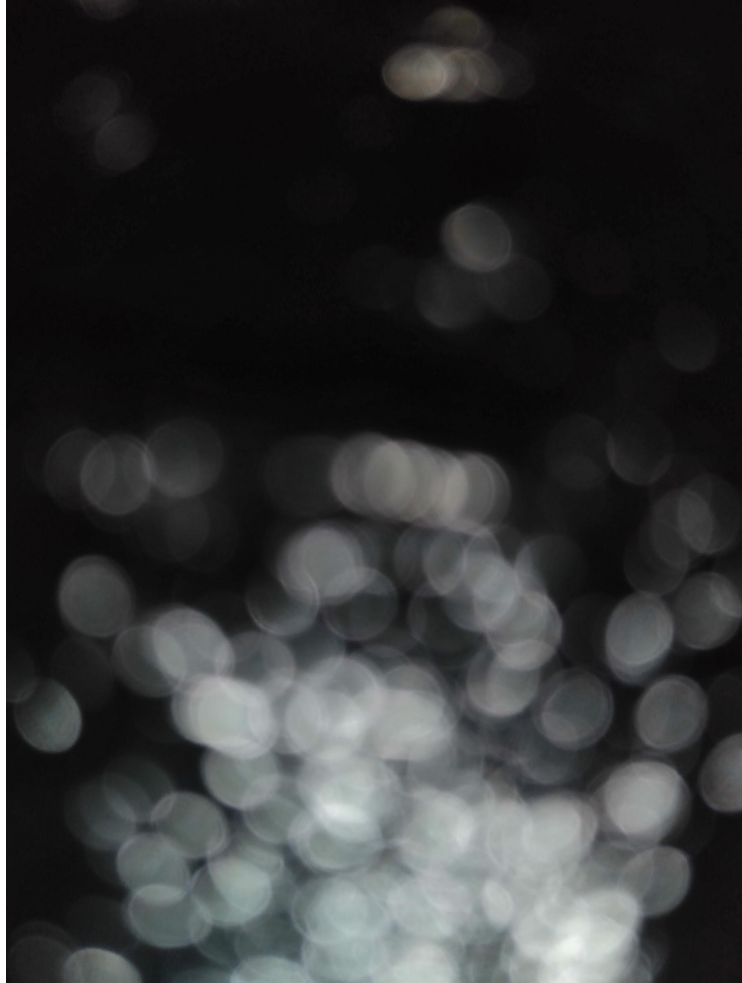
Abstraction of the non-abstraction

Choose a familiar object and make 2 or 3 abstract photographs of that object. Think about composition, texture and geometry.









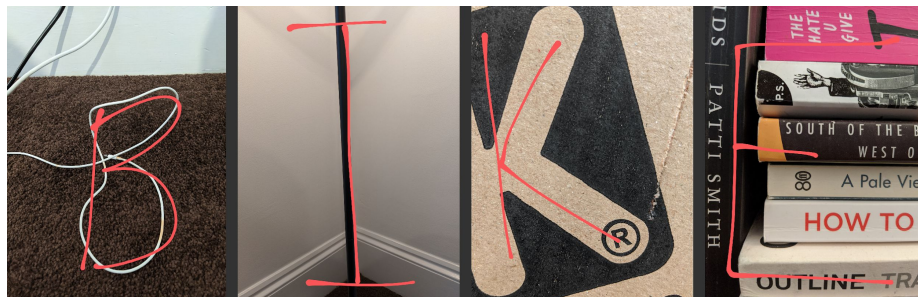


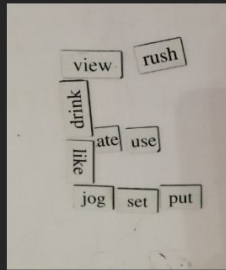
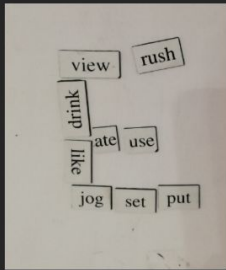
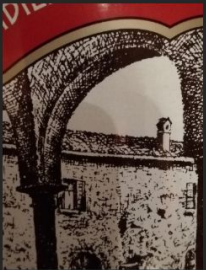
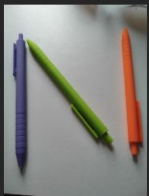
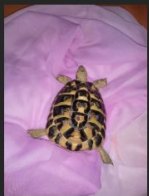
HIDDEN MESSAGES

Encrypted messages around us

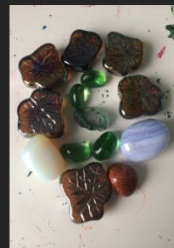
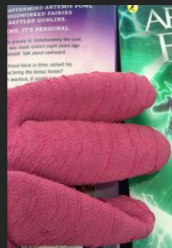
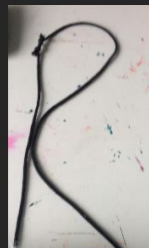
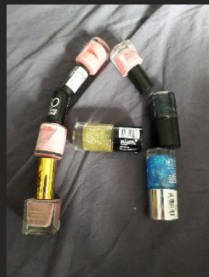
Choose a word that represents something you miss during the confinement.

Share it with your group, and then someone else will create a series of abstract images for your word. Each photograph should contain a letter of the word.





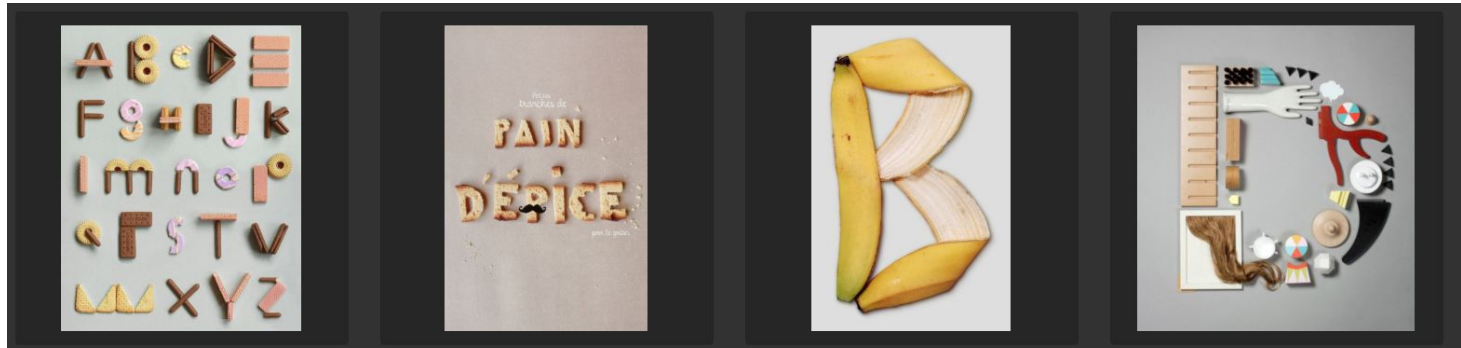
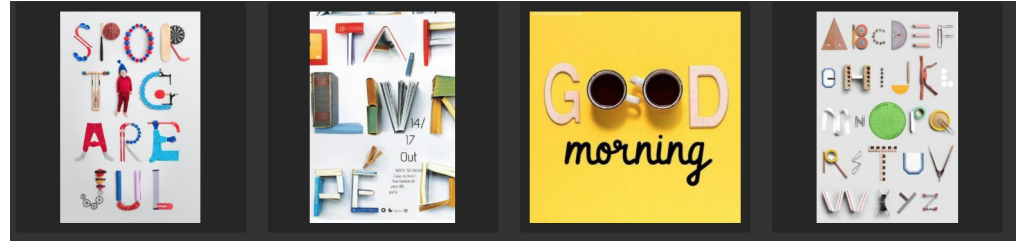


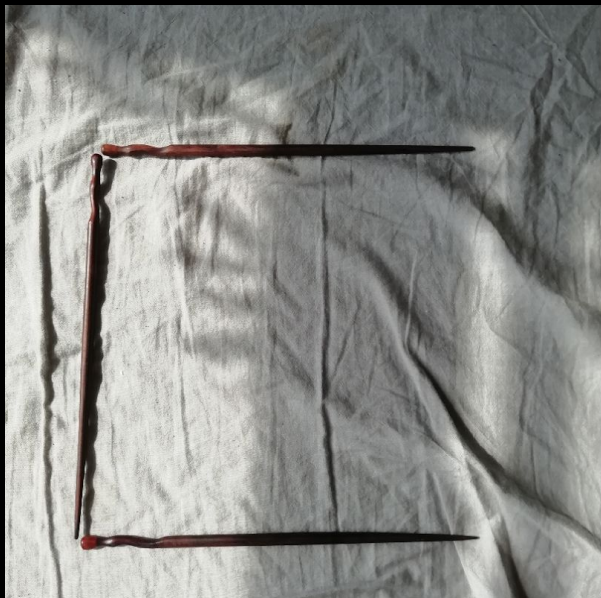


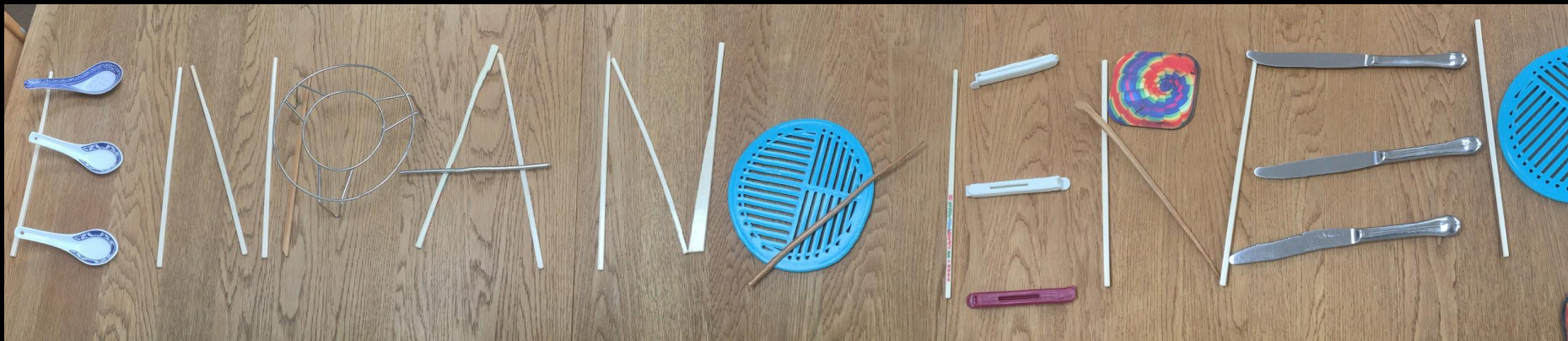
WORDS WITH OBJECTS

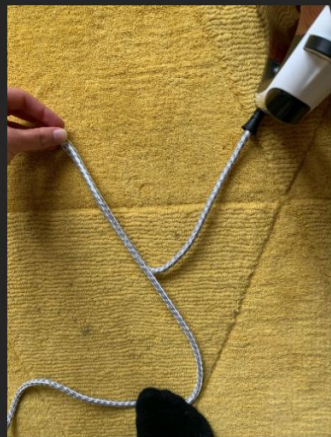
Encrypted messages around us

Together with your group think of a series of words that are related to a theme. Then choose one of the words and create each letter with objects around your home. Photograph it and share it with your group.



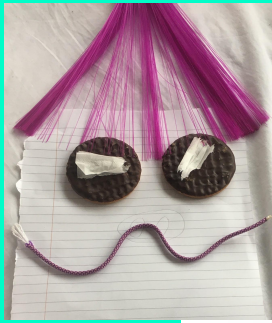








Thank you
to all the artists for your
inspiring work & creativity!



CREATE ARTS.ORG.UK